MONTHLY NEWSLETTER

Hello, December!

May this month be filled with blessings and joy.

COMMUNITY ACTIVITIES



Events for Children in December



Click here



Click here





Dads Support Group





Click here

Click here

OUR ABS STAFF



Extending Warm Birthday Wishes

to our team members celebrating this month





Eloisa Arandia December 02 Maby Miranda December 13





Lauren Benitez December 20



December 22

Hall of Fame HONORING OUR AMAZING TEAM

As the year comes to a close, we want to take a moment to recognize and celebrate every member of our incredible team. Your dedication, hard work, and passion are what make ABS a truly special place. We are proud of all you've achieved and grateful for the impact you've made throughout the year. Thank you for your commitment, teamwork, and everything you do to make ABS shine. Here's to an even brighter year ahead!



ABS ACTIVITIES



Parent Training

We're thrilled to announce a Parent Training session this month,

BUILDING BRIDGES: SUPPORTING MY CHILD'S GROWTH IN COMMUNICATION SKILLS Online / In-person aimed at offering vital resources and support to families. Scheduled for **December 7th, 2024, at 10:00 AM,** the session will focus on the topic "**Building Bridges: Supporting My Child's Growth in Communication Skills**"

This training is a valuable opportunity for parents to gain the tools and insights they need to effectively support their child's growth.

With both in-person and virtual attendance options, we've made it accessible for everyone. We highly recommend all parents participate in this session to deepen their engagement in their child's therapy process.

CRAFT DAY IN ABS

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Date: December 18 Activity: TISSUE PAPER CHRISTMAS TREE CRAFT Supplies:

Green tissue paper, 3-4 other colors of tissue paper, Glue, Scissors, Cardboard, Small piece of brown paper for the trunk **Directions:**

- Tree Base: Cut cardboard into a triangle and glue a small brown square at the bottom for the trunk.
- Green Tissue: Fold green tissue paper sheets together and cut into squares.
- Colored Tissue: Fold each colored tissue sheet separately and cut into squares.
- Add Green Balls: Scrunch each green square into a loose ball, then glue onto the cardboard tree.
- Add Baubles: Scrunch the colored squares tightly into balls and glue onto the tree as decorations.

Let's get creative and enjoy a fun-filled Craft Day!

Warm Holiday Wishes from ABS

Wishing you a **MERRY CHRISTMAS** filled with love, peace, and joy! As we celebrate this special time, we want to express our gratitude for being part of the ABS family.

Please note, our offices WILL BE CLOSED on Wednesday,December 25th, and will reopen on Thursday, December 26th.Enjoy this season with your loved ones!

Happy Holidays from all of us at ABS!



Welcoming the New Year !

As we step into 2025, we want to wish you a **HAPPY NEW YEAR** filled with happiness, peace, and exciting possibilities. It's a privilege to have you as part of the **ABS family**, and we're looking forward to another year of meaningful moments and shared success.

Please remember, our offices **WILL BE CLOSED** on **Wednesday**, **January 1, 2025**, and will reopen on Thursday, January 2, 2025.





ABA During the Holiday Season

- **Prepare for Changes in Routine:** Use a calendar or visual schedule to show holiday events and activities, helping your child anticipate changes.
- **Practice Gift-Giving and Receiving:** Role-play how to exchange gifts and express gratitude, fostering social and communication skills.
- Create a Holiday Countdown: Use an advent calendar or daily activity countdown to build excitement and practice patience.
- Encourage Participation in Decorations: Assign simple tasks like hanging ornaments or setting up lights, promoting fine motor skills and teamwork.
- Plan Sensory-Friendly Options: Set up a quiet space or bring sensory tools for crowded events to help your child regulate emotions.

Let's make this holiday season a time of joy, growth, and togetherness while embracing new learning opportunities!

Our Monthly Musings

This month, we focus on Thanksgiving as a wonderful opportunity to teach social skills like gratitude, sharing, and turn-taking. While the holiday can sometimes feel overwhelming, ABA strategies can help make it a positive and successful experience. Join us as we share practical tips for caregivers and therapists to encourage these skills and create meaningful moments during the festivities. Find it in the following link:



Click here